

ALAINA K CAPLAN

Website: <https://www.alainakcaplan.com/>

Agents/Contact: Go 2 Talent Agency- lisa@go2talentagency.com

Colorado: Donna Baldwin Agency- julie@donnabaldwin.com

Height: 5'9"
Weight: 150 lbs

Hair: Brown
Eyes: Hazel

DANCE TRAINING

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| • Tap, Ballet, Jazz, Contemporary, Lyrical, Musical Theatre, Tumbling | 2010- 2025 |
| Dance Unlimited: Jenna Barnett, Logan Hathaway, Debi Spencer | |
| Tap Choreographers/Mentors: Anthony Morigerato (NYC) Dario Natarelli (NYC) Justin Boccitto (NYC, Denver), Derick Grant (Boston), Nicholas Van Young (NYC) Malana Murphy (TX) Brandon Miller (CO) | |
| • CMHS Dynamix Show Choir: Dawn Wisdom | 2022-2025 |

VOICE TRAINING

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| • Private Coach: Maureen Brown (NYC) Austin Turner (NYC) | 2021-2025 |
| • Crimson & Slate A Capella, Dynamix Show Choir, Chorale: Dawn Wisdom (CMHS) | 2022-2025 |
| • Vocal Percussionist Crimson & Slate A Capella (CMHS) | 2024-2025 |

ACTING TRAINING

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| • Private Coach: Lane Napper (NYC) | 2020-2025 |
| • The Peoples Improv Theatre NYC (Group Class, Improv Jams) | 2021-2025 |
| • It's All Good Productions 5678 NYC (Class, Performances) | 2022-2025 |

ACTING EXPERIENCE

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| • Disconnected (IMDB credit): Acting, Sara (LA) | 2023 |
| • Wee Witch Project: Acting, Terra (NYC) | 2023 |
| • Baller's Dream: Acting, Brea (LA) | 2022 |
| • Pro Slides: Commercial (Denver, CO) | 2022 |
| • Kids Pandemic Project: Stork Films Documentary (NYC) | 2022 |
| • Banner Health: Commercial (LA) | 2022 |

PERFORMANCE EXPERIENCE

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| • TAPN2TAP Concert: Anthony Morigerato Choreography (Dallas) | 2025 |
| • Tap into the Future Gala: Chloe and Maud Foundation (LA) | 2024 |
| • National A Cappella Convention: Crimson and Slate (Orlando, FL) | 2025 |
| • Kettering National A Cappella Festival: Crimson and Slate (Kettering, Ohio) | 2024 |
| • Aloha State Music Festival: Crimson and Slate (Honolulu, Hawaii) | 2024 |
| • Broadmoor Hotel, Stargazers Theatre, Lulu's Bar, Ivywild: Crimson and Slate (CO) | 2024,2025 |
| • Concerts: Hits Night, Winter Holiday, D12 Show Choir, Jazz/ACA night, Spring (CMHS) | 2022-2025 |
| • Nutcracker: (Party Girl, Soldier, Baker) (Colorado Springs Philharmonic) | 2015-2020 |
| • Singing Valentines and sporting events | |

CHOREOGRAPHER

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| • Easy to Love, Just the Two of Us, I'm Yours, Unwritten, Wanted, Fast Car: Crimson and Slate | 2024-2025 |
| • I Believe I Can Fly, A Thousand Miles: Dynamix Show Choir | 2024-2025 |
| • Jet Set Tap Solo: CHSAA State, Dynamix Show Choir | 2024-2025 |
| • Working My Way Back to You: Chorale Choir | 2024-2025 |
| • Woodshed Experience, A Capella tap trio | 2025 |
| • Audition choreography for Dynamix Show Choir | 2025 |

SKILLS:

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| • Back and Front handspring, back walkover, aerial, butterfly, hula hoop, hoverboard, trampoline |
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SUMMER PROGRAMS AND WORKSHOPS

• Riff Dallas: Anthony Morigerato Residency (NYC)	2025
• Backhaus Dance Intensive (LA)	2025
• Woodshed Tap: Malana Murphy (Dallas) Nicholas Van Young (NYC) Derick Grant (LA)	2024, 2025
• Jacob's Pillow 360 Dance Intensive (LA)	2025
• PACE Fall Intensive (NYC)	2024
• Tap Fest Cali (LA)	2025
• Broadway Dance Center: Ballet, Tap, Contemporary, Hip-Hop, MT, Commercial Jazz Classes	2020-2025
• Boulder Jazz Dance Workshop (CO)	2023
• Hollywood Tap: Chloe and Maud Arnold (LA)	2024
• Institute of American Musical Theatre: Michael Minarick (NYC 4 weeks)	2021
• Broadway Dance Center Musical Theater Intensive (NYC)	2020
• Soul de Soul Canon (Soul Elite): Mackenzie Martin (LA)	2023
• Tap into the Network (CO)	2019
• Tap University: Mark Goodman (LA)	2023
• Conventions: NYCDA, LADM, Velocity, Celebrity, Soul De Soul, Monsters, Fluid, TDX, Titans	

DANCE AWARDS AND SCHOLARSHIPS

• LADM Bloch Dancer of the Weekend	2025
• Titans Shield of Excellence Scholarship	2024
• Tap University Scholarship	2023
• Velocity Convention Scholarship	2022, 2023
• LADM Convention Scholarship	2023, 2024
• Broadway Boot Camp Scholarship Institute of American Musical Theatre	2021
• Showstopper All-Star Dancer	2023
• World of Dance Pageant Scholarship	2021
• TDX Counselor Award	2020
• Numerous top 5 placements, groups and solos	2020-2025

TEACHING

• Assistant Teacher Dance Unlimited (Teacher Assistant, Clean younger dancer's competitive solos)	2021-2025
• Give Private Dance Lessons to younger dancers	2024-2025
• Taught professional choreography to high school groups	2024-2025
• Leader teacher audition choreography for Dynamix Show Choir	2024-2025

HONORS

• Tagged Gifted in Dance Cheyenne Mountain HS	2022-2025
• CHSAA All-State Outstanding Soloist	2025
• CHSAA All-State Individual Performance Award	2025
• CHSAA All-State Outstanding Soloist	2024
• Choreographer: CHSAA All-State Best Choreography Award Dynamix Show Choir and Tap Solo	2025
• National Honors Society of Dance Arts	2022-2025
• Varsity Letter	2023,2024,2025
• Vocal Leadership Award CMHS, academic pin	2025
• Cheyenne Mountain Aspiring Vocalist Award	2022

LEADERSHIP POSITIONS

• Dance Captain (Crimson and Slate AND Dynamix Show Choir)	2024-2025
• Section Leader (Dynamix Show Choir)	2024-2025
• SOUL De SOUL- SOUL Elite Preprofesional (LA)	2023-2024
• National Honors Society of Dance Arts- Leadership role	2025
• Cheyenne Mountain Elementary Show Choir Camp Counselor	2022-2025
• Leadership Link Crew Cheyenne Mountain HS	2024-2025

VOLUNTEER

• Nursing home dance tour- Danced at five Nursing homes each Christmas break	2022-2025
• D12 Show Choir Tour- performed five elementary schools	2022-2025
• Chloe and Maud Foundation- performed tap at fund raiser (LA)	2024
• Love your Body Week, created ways for dancers to have a positive image of themselves	2022-2025
• Big Sib/Lil Sib, organized and created fun ways for Big Sib to support Lil Sib	2023-202